

SET AND ACHIEVE YOUR CAREER GOALS COURSE OUTLINE

<p>COURSE CONCEPT</p>	<ul style="list-style-type: none"> • Are you feeling stuck in your career? • Do you need help with how to achieve your goals? <p>Your career goals are your vision for the future. Working towards achieving your career goals will clarify what is important and helps you plan for your future. A career goal will take your work to the next level and keep you focused.</p> <p>The course will help you plan your goals and overcome obstacles stopping you from reaching your goals with a solution focus to build resilience. You will learn to identify your passions and skills, set achievable goals, and create a plan of action to help you succeed. Enrol now and start working towards your career goals to improve your life.</p>
<p>AUDIENCE</p>	<ul style="list-style-type: none"> • For individuals reflecting on their employment and career who are job searching and want the winning edge to attain meaningful employment. • For individuals who are pursuing a promotion to progress their career.
<p>AIMS</p>	<ul style="list-style-type: none"> • Assist you in achieving your career goals to turn your vision into reality. • Understand the obstacles holding you back with a solution focus approach.
<p>COURSE CONTENT</p>	<ul style="list-style-type: none"> • Plan to succeed – plan your goals • What are goals? • Career goal • Your career goal and the SMART formula • Prioritise your career goal • How to achieve your career goals • A positive attitude • Dealing with career obstacles with a solution approach
<p>LEARNING OUTCOME</p>	<p>On completion of the program, you will be able to:</p> <ul style="list-style-type: none"> • Identify your career goal, develop strategies to overcome barriers, and take strategic action to achieve your goal • Self-evaluate your experiences and skills to develop self-understanding • Write your career goal by applying the SMART formula • Prioritize your goals and state the benefit of the goals • Determine how to achieve your career goals with strategic action • Apply a positive attitude to overcome challenges to attain your career goals • Deal with career obstacles with a solution approach

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LEARNING ACTIVITIES	The online course consists of the theory with a range of interactive activities that include: <ul style="list-style-type: none">• Self-evaluation activities• View a video with a reflection• Experiential learning activities to apply the knowledge to your situation• Write an Action Plan to achieve your career goals
DURATION	Self-paced learning, approximately 2 hours
ADDITIONAL PROFESSIONAL DEVELOPMENT	If you have specific and challenging issues, we can further assist with optional coaching sessions in a one-to-one or a small group session.
FURTHER INFORMATION	careercoaching.training hello@careercoaching.training