

	REFLECTING ON YOUR ONLINE TEACHING COURSE OUTLINE
BACKGROUND	Reflective teaching enables instructors to reflect on their teaching practices to determine their effectiveness, and if required, make the required changes to improve their practice. The process is based on critical and constructive reflection to learn from experience and applying our reflective insights to continuously improve and grow professionally.
	By implementing deep reflective practice and implementing the feedback, teachers model flexibility, creativity, and positive leadership. This is the process for lifelong learning and ongoing commitment to quality principles.
COURSE	Reflective practice provides a means for teachers to critically (constructively) review their practice, adjust their teaching to meet the learning needs and learning styles of their students, respond to issues, and make improvements to their practice.
AUDIENCE	This course is designed for educators, teachers, lecturers, and trainers who need to adapt face-to-face to online teaching and increase their facilitation/training repertoire.
AIMS	 Critically (constructively) reflect on your training program and each session to adjust your teaching to meet the learning needs of your students, improve and refine your practice. Engage in a continuous cycle of self-observation and self-evaluation to improve your practice. Apply transformational learning where students receive new information and evaluate their past ideas and understanding, to review and shift their worldview.
COURSE	 What is reflective practice? Why is reflective practice important to your teaching practice? Features of reflective practice Critical (constructive) self-reflection Reflecting on Teaching Online and Improving Your Practice Modes of Reflection Transformative learning Applying transformative learning theory into your teaching practice Use student feedback to reflect on your practice Skills and attitudes for reflective practice Tools to support reflective practice Benefits of reflective practice



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LEARNING OUTCOMES	Upon completion of the course, participants will be able to: Define reflective practice and understand the process Understand the importance of reflective practice to your teaching practice Identify the features of reflective practice Apply critical (constructive) self-reflection to your work Understanding modes of reflection Apply transformative learning theory into your teaching practice Reflect on student feedback to make modifications to your program or session Apply skills and attitudes for reflective practice Apply tools to support your reflective practice Appreciate the benefits of reflective practice
LEARNING ACTIVITIES	The online course consists of the theory with a range of interactive activities that include: • Experiential learning activities • Individual exercises • Insightful questions • Reflective practices • Writing an Action Plan to achieve your career goals
PROFESSIONAL STANDARDS FOR TEACHERS	6.2 Engage in Professional Learning and Improve Practice
DURATION	Self-paced learning, approximately 3 hours
ADDITIONAL PROFESSIONAL DEVELOPMENT	If you have specific and challenging issues, we can further assist with optional coaching sessions in a one-to-one or a small group session. Upon completing your full course or individual course, we offer ongoing supervision in your practice through our Career Coaching and Training membership program.
FURTHER INFORMATION	www.careercoaching.training hello@careercoaching.training